

SHANNON R. PAGDON

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EDUCATION

University of Pittsburgh	Doctor of Philosophy Candidate Pittsburgh, PA	Incoming Fall 2024
University of Pittsburgh	Master of Social Work Pittsburgh, PA	Expected 2025
John Jay College of Criminal Justice	Bachelor of Arts in Forensic Psychology New York, NY	2021
Kingsborough Community College	Associate of Science in Journalism Brooklyn, NY	2018

AREAS OF INTEREST

Mental health services research; early intervention in psychosis; social and structural stigma; peer support and the implementation of peer specialist roles; lived experience integration and leadership in policy, planning & research; anti-carceral social work; experiences of psychosis not captured in diagnostic criteria; promotion of personal and functional recovery in psychosis & coercion reduction; activism and social change

PUBLICATIONS

Peer Reviewed Journal Articles

Jones, N., Callejas, L., Brown, M., Carras, M.C., Croft, B., **Pagdon, S.**, Sheehan, L., Oluwoye, O., Zisman-Ilani, L. (2023). Barriers to meaningful participatory mental health services research and priority next steps: Findings from a national survey. *Psychiatric Services*.

Jones N., **Pagdon, S.**, Goldman H., Dixon L., (2023) Recovering the Vocational Self?: Service User Accounts of Barriers to Work and School and the Role of Early Psychosis Services in Supporting Career Development. *Community Mental Health Journal*.

Jones, N., Tong, L. **Pagdon, S.**, Ebuenyi, I., Harrow, M. & Rosen, C. (2024). Enduring effects of social disadvantage on long-term functional outcomes in psychosis in the 20-year prospective Chicago Follow Up Study. *Psychological Medicine*.

Pagdon, S., & Jones, N. (2023). Psychosis Outside the Box: A user-led project to amplify the diversity and richness of experiences described as psychosis. *Psychiatric Services*. **In the top 5% of all research outputs scored by Altmetric*

Amsalem, D., Jankowski, S. E., **Pagdon, S.**, Valeri, L., Yang, L. H., Markowitz, J. C., ... & Martin, A. (2023). Selfie Videos to Reduce Stigma and Increase Treatment Seeking Among Youths: Two Noninferiority Randomized Controlled Trials. *Psychiatric Services*.

Amsalem, D., Jankowski, S.E, **Pagdon, S.**, Markowitz, J.C., Martin, A., & Dixon L.B. (2023). Stigma reduction via brief video interventions: Comparing presentations by an actor versus a person with lived experience. *Psychiatric Services*.
<https://doi.org/10.1176/appi.ps.20230215>

Jankowski, S. E., Pope, L. G., Smith, S., **Pagdon, S.**, Dixon, L. B., & Amsalem, D. (2023). Using focus groups to inform a brief video intervention to reduce public stigma toward Black youth living with psychosis. *Frontiers in Psychiatry*, 14, 22-30.

Amsalem, D., Jankowski, S. E., **Pagdon, S.**, Valeri, L., Smith, S., Yang, L. H., ... & Dixon, L. B. (2022). "It Is Hard to Be a Woman With Schizophrenia": Randomized Controlled Trial of a Brief Video Intervention to Reduce Public Stigma in Young Adults. *The Journal of Clinical Psychiatry*, 84(1), 44740.

Amsalem, D., Valeri, L., Jankowski, S. E., Yang, L. H., Bello, I., Nossel, I., ... & Dixon, L. B. (2022). Reducing public stigma toward individuals with psychosis across race and gender: a randomized controlled trial of young adults. *Schizophrenia Research*, 243, 195-202.

Patel, S. R., Stefancic, A., Bello, I., **Pagdon, S.**, Montague, E., Riefer, M., ... & Dixon, L. B. (2022). "Everything Changed, Would You Like Me to Elaborate?": A Qualitative Examination of the Impact of the COVID-19 Pandemic on Community Participation Among Young Adults with Early Psychosis and Their Families. *Community Mental Health Journal*, 1-10.

Book Chapters

Pagdon, S. (2023). Mindful language: Using the term "patient." In Turkington, D. & Hardy, K, *Decoding Delusions*. American Psychiatric Association Publishing. New York, NY.

Brown, M., Jones N., **Pagdon, S.** (in press). Negative symptoms: Meaning centered and lived perspectives. In Brown, M. & Kimhy, D. *Clinical approaches to negative symptoms*. Springer.

Pagdon, S., Hayes, S. & Jones, N. (in press). The research and academic training pipeline for students and early career scholars with psychiatric disabilities: Current landscape, barriers and a roadmap for greater equity and inclusion. In Harris, I., Glynn, S., Hardy, K. & Jones, N. (Eds.), *We are here: Mental health therapists, academics, and leaders with lived experience of mental health challenges*. Cambridge University Press.

PUBLICATIONS UNDER REVIEW

Pagdon, S., Shahriar, S., Murphy, S., Babsuci, C.B., Flores, A.T., Rivens, A., Ered, A., Smith, W., Jones, N., Phalen, P., Calkins, M., Bennett, M. (In press). From rhetoric to action: Justice, equity, diversity and inclusion at all levels of Coordinated Specialty Care for Early Psychosis.

Eisen, K.*, **Pagdon, S.***, Hardy, K., Jones, N., Lean, M., Rudkin, A., Liliental, J., Zepp, C, Ballon, J., (revise and resubmit). The INSPIRE stakeholder advisory council: Developing a lived experience council in an academic mental health clinic. *Psychiatric Services*. *Joint first authors.

Reznik, S., Lucksted, A., Myers, N., Jones, N., Savill, M., **Pagdon, S.**, et al. (under review). Qualitative Research is Critical For Health Intervention Trials: Examples of Qualitative Research in the Early Psychosis Intervention Network (EPINET). *Schizophrenia Bulletin*.

PUBLICATIONS IN PREPARATION

Pagdon S., Jones N., & Rosen C. (in preparation). Treatment- and non-treatment related trauma as predictors of quality of life in psychosis.

Pagdon S., Jones N., & Rosen C. (in preparation). Beyond frequency and recency: impacts of past and sporadic symptoms on shame, relationships and quality of life.

CONFERENCE PRESENTATIONS

Pagdon S., Jones N., Hayes S., Sanford K., & Daniels B. (October, 2023; panel chair and presenter). Embracing lived experience: Insights from lived experience experts. ISPS- US Annual Conference. Newark, Delaware, USA.

Pagdon S., (July, 2023; oral presentation) Beyond easy answers: unpacking barriers to work and school in early psychosis. IEPA Early Intervention in Mental Health Biennial Conference. Lausanne, SWITZERLAND.

Pagdon S., Donantueno C., Manneville J., (July 2023, plenary presentation). Creating Harmony: personal stories of recovery from mental illness. IEPA Early Intervention in Mental Health Biennial Conference. Lausanne, SWITZERLAND.

Pagdon S. & Jones N., (May, 2023; symposium presentation). Participatory research, co-design and patient-reported measures: Many roads to enhancing patient involvement in learning health systems and measurement in early psychosis. Schizophrenia International Research Society (SIRS) Conference. Toronto, CANADA

Baxter T., **Pagdon S.**, Park S., Rosen C., (April, 2023; panelist). *Studying felt presence in the general population*. Conference on Critical Psychiatry. Vanderbilt University; Nashville, TN, USA.

Jackman M., **Pagdon S.**, Pantojapatino J. & Wahbi R. (April, 2023; panelist). *Academic, activist, always the pragmatist*. Conference on Critical Psychiatry. Vanderbilt University; Nashville, TN, USA.

Patel, S., **Pagdon, S.** & Stefancic, A. (April, 2022; oral presentation). "Everything changed. Would you like me to elaborate?" A qualitative examination of the experiences of young adults with first episode psychosis during the COVID-19 pandemic. National Institutes of Health SBE Spring Webinar.

Havas N., **Pagdon S.**, Pourrezaei K., Thurnauer H., Weg A., Zecevic L. (November, 2018; panelist). Alone we can do so much, together we can do so much more. ISPS-US Annual Conference. Philadelphia, PA, USA.

INVITED TALKS

Pagdon, S. (September 2024.) Stigma in early psychosis (Keynote). Community Day Stanford University School of Medicine, Department of Psychiatry. Palo Alto, CA, USA.

Pagdon, S., (June 2024). Peer Support for early psychosis (Keynote), Youth Mental Health Conference, Orygen, Melbourne, AUSTRALIA.

Pagdon, S., (August 2024). Peer support and lived experience, Indiana, USA.

Pagdon, S., Sanford, K. Curuso, N., (April 2024). Meaningfully integrating peer support across mental health (Plenary panel).. Missouri Early Psychosis Conference. St. Louis, MI, USA.

Pagdon, S., Hardy, K. (April 2024). Words Matter: The Power of Mindful Communication. (Keynote). Missouri Early Psychosis Conference. St. Louis, MI, USA.

Pagdon, S. (December 2023) Peer support for early psychosis. Medical Student Didactics, Stanford University School of Medicine, Department of Psychiatry. Stanford, CA, USA.

Pagdon, S. & Jones, N. (October, 2023). Implementing peer support in specialized early psychosis services. McGill University Summit on Peer Support & Early Psychosis. Montreal, CANADA.

Jones, N. & **Pagdon, S.** (October, 2023). Early intervention in psychosis: National landscape and considerations for Vermont. Vermont Department of Mental Health Annual Statewide Conference. Killington, VT, USA.

Pagdon, S. (September 2023) Peer support in early intervention. 8° Encontro Nacional Intervenção Precoce na Psicose / Primeiro Episódio Psicótico. Lisbon, PORTUGAL.

Pagdon, S. (April & September 2023) Recovery and psychosis. Medical Student Didactics, Stanford University School of Medicine, Department of Psychiatry. Stanford, CA, USA.

Pagdon, S., (July, 2022) Language matters. INSPIRE Clinic, Stanford University. Stanford, CA, USA.

Pagdon, S. (May, 2022) Psychosis and romantic relationships. Beckfest Annual Conference. San Francisco, CA., USA.

WEBINARS

Alderson-Day B, **Pagdon S,** Dudley R. (January 2024). Working with psychosis: Visions & presences. PEPPNET Master Clinician Series.

Ballman, B, Davis, K, Jones, N, **Pagdon, S,** Thorp, K. (October 12, 2021). New frontiers for activism: Youth involvement & leadership in research. National Empowerment Center Youth Leadership Webinar Series.

CLINICAL TRAINING

Pagdon, S.*, Debruhl, S. SAMHSA's Center for Mental Health Services Early Serious Mental Illness National ESMI peer specialist training lead developer and co-facilitator, 2024

Pagdon, S.*, Hayes, S., Sanford, K., (2023& 2024). Peer Support Group Facilitation. EPICAL network training.

Pagdon, S.*, Hayes, S., Sanford, K., (2023). Peer Support 101. EPICAL network training.

Olson, N., **Pagdon, S.,** (October 2023). CBTp & Positive Practices for Psychosis. Utah, Odyssey House.

Olson, N., **Pagdon, S.,** (August 2023). CBTp & Positive Practices for Psychosis. University of Missouri.

Pagdon, S.*, Chari, P., Richardson, J., (April 2023). Positive Practices for Psychosis. EPICAL network training.

* Developer and facilitator of training

EDITORIAL WORK

Ad hoc reviewer: Psychiatric Services (2 manuscripts); Community Mental Health Journal (3 manuscripts)

Guest editor: Irish Journal of Psychiatry: Special Issue on Recovery: Implementing the recovery approach in mental health: progress made, challenges faced, and future directions., 2023-2024

WORK EXPERIENCE

RESEARCH COORDINATOR / GRADUATE STUDENT RESEARCHER (GSR) Sept. 2021 – Present

University of Pittsburgh

Supervisor: Dr. Nev Jones

- Primary research coordinator for NIMH R01 MH125868 (Sept '22 - Aug '23), with responsibilities including IRB management, outreach and recruitment, participant data collection & qualitative interviewing, coding & analysis
- Ongoing role as a part-time graduate student researcher on NIMH R01 MH125868 since beginning the MSW program
- Co-lead on the Trauma & Psychosis Intersections study ('18 - present) and Psychosis Outside the Box ('17 - present), with responsibilities including survey development, outreach and recruitment & quantitative data analysis
- Support research and stakeholder involvement activities for NIMH R01 MH120550, including development of a PA - MD statewide lived experience collaborative

RESEARCH COORDINATOR Aug. 2020 – Aug. 2023

New York State Psychiatric Institute/Columbia University

Supervisors: Drs. Lisa Dixon, Sapana Patel & Nev Jones

- Lived experience liaison and consultant on activities and methods aimed at the meaningful integration of lived experience in OnTrackNY EPINET projects (NIMH R01 MH120597: OnTrackNY's Learning Healthcare System)
- Co-lead on the OnTrackNY Peer Specialist Implementation Project, a participatory research project co-developed with current OnTrackNY peer specialists, aimed at understanding the implementation and impact of peer support in early psychosis services across NY

PROGRAM MANAGER Feb. 2022 – Aug. 2022

Mental Health Association of San Francisco

- Direct management and supervision of program staff and volunteers, including peer counselors and serving as a liaison between MHASF and the Institute on Compulsive Hoarding and Cluttering
- Developed and maintained strong working relationships with agency partners, consumer advocates, and other community organizations, conducted outreach and gave community presentations for local non-profit partners.
- In coordination with management team design, implemented and developed ongoing and new programs and community partnerships
- Leadership role with the San Francisco DAS Hoarding and Cluttering Task Force, annual MHSA Awards Ceremony, and with the development of the MHASF annual conference "Redefining Crazy" as well as monthly events leading up to the conference.
- Managed program deadlines and project timelines with primary accountability and assembled data on results, submit monthly internal reports, and wrote reports to funders

PROGRAM COORDINATOR Feb. 2021 – Jan. 2022

Mental Health Association of San Francisco

- Collaborated with the MHASF Peer Services Program Manager to coordinate the daily operations of the program
- Wrote grants for funding the department
- Provided technical assistance to peer counselors
- Tracked and evaluate surveys completed by group and one-on-one session participants
- Assisted in planning and development of the annual Redefining Crazy Conference

HOUSING SPECIALIST 2018 – 2019

Baltic Street AEH

- Reviewed housing plans for 30 tenants to promote independent living within permanent housing.
- Answered questions about lease and rental agreements and advocated for participants on behalf of their needs.
- Provided resources to tenants
- Facilitated multiple processing support groups and created WRAP plans with tenants as needed.

RESEARCH ASSISTANT
University of South Florida (USF)
Supervisor: Dr. Nev Jones

2018-2021

- RA on a NIDILRR Switzer Fellowship and on miscellaneous internally funded project, including initial development of the Intersections of Trauma & Psychosis study (see above) and Psychosis Outside the Box

PEER SUPPORT SPECIALIST
OnTrackNY/Northwell Health

2018 – 2019

- First peer specialist at OnTrackNY Lenox Hill team, educated team members about stigmatizing language and what psychosis is like.
- Co-facilitated recovery group sessions to help individuals improve their social skills and manage psychosis, as well as groups for family members.
- Held weekly meetings with participants to deliver individualized services. Discussed subjects like education, employment, using substances, and coping with voice hearing.
- Regularly held community-oriented appointments with individuals.
- Developed protocols for OnTrack team such as recovery resources in the welcome package, and a recovery library, these programs are still in use.

CONSULTING & COMMUNITY SERVICE

SAMHSA's Center for Mental Health Services Early Serious Mental Illness ESMI technical expert consultant, 2024
SAMHSA's Center for Mental Health Services Early Serious Mental Illness National ESMI Training and Technical Assistance member, 2024
University of California at Davis, Dept of Psychiatry, EPINET-California (EpiCal), consultant on statewide lived experience integration & peer support, 2022-present
Stanford University, consultant on lived experience integration & participatory design, and training activities. 2022 - present
- Supervisors: Dr. Kate Hardy and Dr. Stephania Hayes
Gaming Against Stigma, McGill University, 2023- present
SAMHSA's Center for Mental Health Services Early Serious Mental Illness Triage Team Member, 2023
Students with Psychosis internship, 2023
Participant in Expert Panel, National Council of Behavioral Health. 2020
In Our Own Voice Speaker & Ambassador, NAMI-NYC. 2016 to 2021

LEADERSHIP IN PROFESSIONAL ASSOCIATIONS & RESEARCH ADVISORY GROUPS

Vice President of Lived Experience Research, International Early Psychosis Association (IEPA), 2023-2027
Scientific Committee member, International Early Psychosis Association (IEPA), 2024-2025
National Association of Peer Supporters (N.A.P.S.) Policy Committee, 2024
College Reentry Program Advisory Board Member, Fountain House. 2022-2024
Peer Specialist ESMI TA Team Lead, SAMHSA, 2023-2024
Lived Experience Advisory Board, Lancet Psychiatry Commission on Psychoses in a Global Context. 2022-2023
Vanderbilt Critical Psychiatry Conference, Proposal Committee Chair, 2022-Current
Promoting Community Participation in Early Psychosis Project Advisory Council, Temple University, 2018-2019

THIRD PARTY & PUBLIC MEDIA COVERAGE OF PROJECTS

Alderson-Day B. (March 2023) Presence: The Strange Science and True Stories of the Unseen Other.

Bobak, A. (Dec 2023). User-led research on first-person narratives of psychosis highlights breadth of experiences. *Mad in America* *webzine*.

<https://www.madinamerica.com/2023/01/user-led-research-first-person-narratives-psychosis-highlights-breadth-experiences/>

Sciliano J.G.(Host) (2023 Jan 21) Psychosis Outside the Box & Chapter 7: "Back in New York" A Reading from my Book (Season 5 episode 1). In *Not as Crazy as You Think Podcast*.

ADVOCACY ACTIVITIES

Speak Your Mind Global Campaign, United Nations, 2018
Video Participant, Medscape, 2018

Interviewee, StoryCorps, 2017

Fountain House's College Re Entry Interviewee, NY1, 2016

Everything Will Be Okay by Ashley Womble (Schizophrenia chapter), 2016

SKILLS AND SOFTWARE

RedCap

Asana

Atlas.ti

Slack

Qualtrics

Microsoft Office

Python

Google Office Suite

CERTIFICATIONS

Nationally Certified Peer Specialist, Mental Health America
License #NCPS100094

Hearing Voices Group Facilitator

Certified Peer Specialist, NY Peer Specialists
License #NYCPS-2116