# **PYRAMID** Healthcare, Inc.

ADULT MEN AND WOMEN 18+

#### DUAL DIAGNOSIS TREATMENT

MEDICATION ASSISTED TREATMENT (MAT)

MEDICALLY MONITORED CARE

#### RECOVERY-BASED SUPPORT GROUPS



306 Penn Avenue Pittsburgh, PA 15221

24/7 ADMISSIONS (888) 694-9996 pyramidhealthcare.com



# Pittsburgh Detox and Residential Treatment Center

Pyramid Healthcare's Detox and Residenital Treatment Center in Pittsburgh provides a trauma informed, person centered treatment model for men and women in search of meaningful, long-term recovery.

In addition to evidence-based treatment, clients participate in scheduled groups, individual counseling, and a variety of services that support their transition to a sober lifestyle.

## What We Offer

- » Professional drug and alcohol and dual diagnosis treatment recommendations
- » Individualized treatment options, activities, amenities, and housing
- Medically-monitored care ensures a safe, comfortable withdrawal management experience
- » Case management and support services coordinates aftercare and engages client in ongoing treatment
- » Individual, family, and specialized group therapy
- » Licensed medical professionals, psychiatrists, and registered dietitian on staff
- Medication Assisted Treatment (MAT) maintenance and physician approved induction

## Medication Assisted Treatment (MAT)

We educate, induct, and maintain clients on all forms of Medication Assisted Treatment (MAT) including Suboxone<sup>®</sup>, Vivitrol<sup>®</sup>, and Methadone. Physician approval is required for induction while in treatment.

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#### Life Skills Program

Life skills specialists and clinicians collaborate to provide the client with effective guidance and instruction on topics such as financial management, job preparation, communication skills/social etiquette, and the appropriate utilization of community resources with the goal of functioning productively in society free of drug and/or alcohol dependence. We bring in various professionals like OVR, local banks, and other community agencies to teach clients specific life skills such as jobseeking, money management, interviewing, etc.

# **Dual-Licensed Healthcare Professionals**

Pittsburgh's fully integrated rehabilitation program is dual licensed (RTFA certified by OMHSAS) and led by certified co-occurring disorders professionals in the administrative, supervisory, and clinical positions to diagnose and address client addiction aggravated by mental health conditions including depression, anxiety, bipolar disorder, and mood disorders.

# Individualized Educational Tracks

Pittsburgh offers an array of additional educational tracks that offer clients the opportunity to individualize their own treatment experience:

- » Relapse Prevention
- » Anger Management
- » Grief & Loss/Trauma Groups
- » Healthy Eating Group

# **Additional Activities**

Clients can enhance their structured treatment experience by participating in a variety of creative activities, such as:

- » Music Group
- » Art Group
- » Physical Fitness Group
- » Yoga
- » Drumming Circle