

**HELEN CAHALANE, Ph.D., ACSW, LCSW**

**CURRICULUM VITA**

2033 Cathedral of Learning  
School of Social Work, University of Pittsburgh  
Pittsburgh, PA 15260  
Office: (412) 624-6386  
[hcupgh@pitt.edu](mailto:hcupgh@pitt.edu)

**EDUCATION**

- Ph.D. University of Pittsburgh, School of Social Work  
Dissertation: "Relationship between Family Satisfaction and Outcome for Children and Adolescents in Inpatient Psychiatric Treatment"  
Awarded With Distinction
- M.S.W. University of Pittsburgh, School of Social Work
- B.S. Shepherd College, Department of Social Science  
Major: Social Welfare  
Cum Laude

**AWARDS AND HONORS**

Social Worker of the Year, National Association of Social Workers, Southwest Division (2014)  
Career Achievement Award, National Staff Development and Training Association (2012)  
Chancellor's Distinguished Teaching Award, University of Pittsburgh (2006)  
Outstanding Social Work Service Award, Western Psychiatric Institute and Clinic (1989)

**FACULTY APPOINTMENTS**

- Clinical Associate Professor**, School of Social Work, University of Pittsburgh 2006-Present
- Clinical Assistant Professor**, School of Social Work, University of Pittsburgh 1997-2005
- Adjunct Faculty Instructor**, School of Social Administration, Temple University 1999-2001
- Clinical Instructor in Psychiatry**, School of Medicine, University of Pittsburgh 1997-1999
- Volunteer Faculty**, School of Medicine, University of Pittsburgh  
Pennsylvania Governor's School for Health Care 1995-2000
- Adjunct Faculty Instructor**, School of Social Work, University of Pittsburgh 1995-1997

**ADMINISTRATIVE APPOINTMENTS**

- Child Welfare Task Force Chair, PA National Association of Social Workers 2017-Present

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Child Welfare Track Chair, Council on Social Work Education 2015-Present

Expert Witness, Pennsylvania Department of Professional and Occupational Affairs 2008-Present

Children, Youth and Families Certificate Chair, School of Social Work 2006-Present

### **FUNDED TRAINING AND EDUCATIONAL GRANTS**

**Principal Investigator.** Child Welfare Education and Research Programs. 2006-present  
Funded by the Administration for Children and Families and the Pennsylvania Department of Human Services, Office of Children, Youth and Families. Integrated continuum of workforce development programs consisting of undergraduate and graduate professional education, training, technical assistance, organizational effectiveness and support for best practice. This statewide continuum of programs operates in conjunction with seventeen Schools of Social Work and the 67 public county child welfare agencies across Pennsylvania.

**Co-PI** (with Christina Newhill, Ph.D., PI). Client Perceptions of Medication Treatment, Benefits, Side Effects and Compliance: A Psychopharmacology Video for Social Workers. Academic enhancement grant funded by the Provost's Advisory Council on Instructional Excellence, University of Pittsburgh. 2002-2004

### **FUNDED RESEARCH GRANTS**

**Co-Investigator** (with Mary Elizabeth Rauktis and Marlo Perry, PIs). 2013-2018  
Evaluation of the Pennsylvania Child Welfare Demonstration Project. Funded by the Department of Health and Human Services, Administration for Children and Families.

**PI.** On-going evaluation of Transfer of Learning in Pennsylvania Child Welfare Services. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families. 2008-2011

**Co-PI** (with Rachel Fusco). The Use of Mobile Technology in Caseworker Visits to Children in Federally Defined Foster Care. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families. 2010-2011

**Co-PI** (with Mary Elizabeth Rauktis). Youth Perception of Restriction of Living Environments. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families. 2009-2011

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**Co-PI** (with Julie McCrae and Rachel Fusco). Developmental Screening in Pennsylvania Child Welfare Services. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families. 2008-2012

**Co-PI** (Carol M. Anderson, PI). Engaging Distressed Mothers of Disturbed Children". R24 MH61712-01 MH NIMH/NIH 1998-2003

**PUBLICATIONS:**

**Cahalane, H.,** Parry, C.F., & Unger, W. (2017). Organizational enhancement and capacity building: The evolution of Pennsylvania's Child Welfare Resource Center. *Training and Development in Human Services, 9*(1), 48-54.

Fusco, R.A. & **Cahalane, H.** (2015). Socioemotional problems among young children in out-of-home care: A comparison of kinship and foster care placements. *Journal of Family Social Work, 18*, 183-201.

Fusco, R.A. & **Cahalane, H.** (2014). Young children in child welfare: Which factors contribute to trauma symptomology? *Child Welfare, 92*(5), 37-47.

Fusco, R. A & **Cahalane, H.** (2013). Developmental and social-emotional screening in child welfare: Implications for young children in rural settings. *Journal of Public Child Welfare, 7*(2), 154-171.

**Cahalane, H.,** & Fusco, R. (2011). Mobile technology in child welfare: Utility, engagement and professionalism. *CW 360°*, Spring, 11. University of Minnesota, Center for Advanced Studies in Child Welfare, School of Social Work, College of Education and Human Development.

McCrae, J.S., **Cahalane, H.,** & Fusco, R.A. (2011). Directions for developmental screening in child welfare based on the ages and stages questionnaires. *Children and Youth Services Review, 33*, 1412-1418.

Rauktis, M.E., Fusco, R.A., **Cahalane, H.,** Bennett, I.K., & Reinhart, S.M. (2011). "Try to make it seem like we're regular kids": Youth perceptions of restrictiveness in out-of-home care. *Children and Youth Services Review, 33*, 1224-1233.

Rauktis, M.E., Huefner, J., & **Cahalane, H.** (2011). Perceptions of fidelity to Family Group Decision Making principles: Examining the impact of race, gender, and relationship. *Child Welfare, 90*(4), 41-59.

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**Cahalane, H.** (Ed.). (2011). Introduction to psychopharmacology and social work practice: A workbook developed for and by social work students. Pittsburgh, PA: University of Pittsburgh.

Rauktis, M.E., McCarthy, S., Krackhardt, D., & **Cahalane, H.G.** (2010). Innovation in child welfare: The adoption and implementation of Family Group Decision Making in Pennsylvania. *Children and Youth Services Review, 32*(5), 732-739.

**Cahalane, H.** & Sites, E.W. (2008). The climate of public child welfare employee retention. *Child Welfare, 87*(1), 91-114.

Anderson, C.M., Robins, C., Greeno, C.G., **Cahalane, H.**, Carr Copeland, V., & Andrews, M.R. (2006). Why low-income mothers do not engage with the formal mental health care system: Perceived barriers to care. *Qualitative Health Research, 16*(7), 926-943.

**Cahalane, H.**, Cowan, M. E., Hannegan, S., McShea, M., O'Toole, K., Rozensky, C., Terazo, A., & Von Bloch, L. (1994). *Child abuse, domestic violence and elder abuse: Identification, assessment and intervention strategies for health care professionals*©. Pittsburgh, PA: University of Pittsburgh Medical Center.

Turnbull, J. E., & **Cahalane, H.** (1994). The use of PIE in outpatient mental health settings. In J. M. Karls & K. Wandrei (Eds.), *Person-in-environment system* (pp. 43-57). Washington, DC: National Association of Social Workers Press.

Daley, D. C., Bowler, K., & **Cahalane, H.** (1992). Approaches to patient and family education with affective disorders. *Patient Education and Counseling, 19*, 163-174.

Cahalane, J. & **Cahalane, H.** (1991). *A family guide to mental illness*. Skokie, IL: Gerald T. Rogers Productions.

#### **EDITED VOLUME:**

**Cahalane, H.** (Ed.), (2013). *Contemporary issues in child welfare practice*. New York: Springer Publishing. Christina E. Newhill, Series Editor.

#### **MONOGRAPH REVIEWS:**

**Cahalane, H.** (2010). Review of *Building Bridges: Lessons from a Pittsburgh partnership to strengthen systems of care for maternal depression* by D.J. Keyser, E.B. Beckjord, R. Firth, S. Firth, S. Lovejoy, S. Pillai, D. Schultz and H. A. Pincus. RAND Corporation.

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**TECHNICAL REPORTS:**

Child Welfare Education and Research Programs (2014). **Cahalane, H.**, Principal Investigator. *Current technology use in Pennsylvania's child welfare system*. Funded by the Pennsylvania Department of Human Services, Office of Children, Youth and Families.

Child Welfare Education and Research Programs (2013). **Cahalane, H.**, Principal Investigator. *Developmental screening in Pennsylvania child welfare services: A statewide view of children in child welfare*. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families.

Child Welfare Education and Research Programs (2012). **Cahalane, H.**, Principal Investigator. *Maximizing current and future technology in Pennsylvania's child welfare system*. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families.

Child Welfare Education and Research Programs (2011). **Cahalane, H.**, Principal Investigator. *Developmental screening in Pennsylvania child welfare services: Child screening results and caregiver experiences*. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families.

Child Welfare Education and Research Programs (2010). **Cahalane, H.**, Principal Investigator. *Policies to implement developmental screening in Pennsylvania child welfare services: Reports from agency perspectives*. Funded by the Pennsylvania Department of Public Welfare, Office of Children, Youth and Families.

**Cahalane, H.** (2009). Administrative practices. *Positioning Public Child Welfare Initiative: Strengthening families in the 21<sup>st</sup> Century*. National Association of Public Child Welfare Administrators, American Public Human Services Association.

**STATE AND NATIONAL PRESENTATIONS:**

Winters, R. & Cahalane, H. (2018, May). *Developmental and social-emotional screening in Pennsylvania's child welfare system*. Presentation at the 20<sup>th</sup> Children's Interagency Conference. State College, PA.

Perry, M., Rauktis, M., **Cahalane, H.**, & Zhu, X. (2018, March). *Factors related to short-term outcomes of family engagement meetings in child welfare: Returning home, preventing a move, and restriction of living environment*. Presentation at the 31<sup>st</sup> Annual Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.

**Cahalane, H.**, Winters, R., & Unger, W. (2016, June). *Innovative pathways to sustained change: Organizational effectiveness work in child welfare*. Presentation at the 2016 National

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NASW Conference. Washington, DC.

Parry, C.F. & **Cahalane, H.** (2016, May). Evaluating organizational change in complex agency environments. Presentation at the 19<sup>th</sup> Annual National Human Services Training Evaluation Symposium. Berkeley, CA.

Winters, R. & **Cahalane, H.** (2015, October). *An invisible strength: The presence of intergenerational trauma in child welfare.* Presentation at the 7<sup>th</sup> Annual Pennsylvania Association for Infant Mental Health, Pittsburgh, PA.

Fusco, R. & **Cahalane, H.** (2015, January). *Socioemotional problems among young children in out-of-home care: A comparison of kinship and foster care placements.* Paper presentation at the 19<sup>th</sup> Annual Meeting of the Society for Social Work and Research. New Orleans, LA.

Fusco, R. & **Cahalane, H.** (2015, January). *Second generation mothers in child welfare: Factors that mediate their children's socioemotional problems.* Paper presentation at the 19<sup>th</sup> Annual Meeting of the Society for Social Work and Research. New Orleans, LA.

**Winters, R. & Cahalane, H.** (2014, December). *Bridging the gap to services: Identifying children's needs, engaging caregivers, and enhancing child welfare interventions.* Poster presentation at the 29<sup>th</sup> Annual Zero to Three National Training Institute. Ft. Lauderdale, FL.

**Cahalane, H. & Winters, R.** (2014, November). *Early developmental and social-emotional screening.* Presentation at the Pennsylvania Chapter of the National Association of Social Workers Annual Meeting. Monroeville, PA.

**Cahalane, H.** (2014, November). *Amendments to Pennsylvania's Child Protective Services Law: Integrating social work education and practice.* Keynote presentation at the Pennsylvania Association of Undergraduate Social Work Education and the Pennsylvania Chapter of the National Association of Social Workers Joint Annual Meeting. Monroeville, PA.

**Cahalane, H. & Winter, L.** (2014, October), *Transformation in child welfare: Leveraging IV-E education outcomes using organizational effectiveness strategies.* Presentation at the 60<sup>th</sup> Annual Meeting of the Council on Social Work Education. Tampa, FL.

**Cahalane, H.** (2014, April). *Psychotropic medication for children and adolescents: An overview for clinicians.* Presentation at the 9<sup>th</sup> Annual Pittsburgh Conference on Child Maltreatment. Pittsburgh, PA.

Parry, C.F., **Cahalane, H.**, & Basso, P. (2014, April). *Improving outcomes: Getting there through a systemic and systematic approach to organizational effectiveness.* Presentation at the 19<sup>th</sup>

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National Conference on Child Abuse and Neglect. New Orleans, LA.

**Cahalane, H.**, Clark, S., Kollar, S.A., Leung, P., & LaLiberte, T. (2013, May). *Describing the IV-E educated workforce: A report from the National University Title IV-E Evaluation Taskforce*. Presentation at the 2013 Title IV-E Roundtable. Galveston, TX.

Fusco, R.A. & **Cahalane, H.** (2013, January). Demographic, maltreatment, and maternal characteristics that predict trauma in child welfare-involved young children: A statewide analysis. Paper presentation at the 17<sup>th</sup> Annual Conference of the Society for Social Work and Research. San Diego, CA.

Fusco, R.A. & **Cahalane, H.** (2012, November). *Young children receiving child welfare services: Which factors contribute to trauma symptomatology?* Poster presentation at the 58<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Washington, DC.

**Cahalane, H.** (2012, June). *Evaluation of organizational effectiveness*. Presentation at the Organizational Effectiveness Alumni Seminar, American Public Human Services Association. Mechanicsburg, PA.

**Cahalane, H.**, Fusco, R.A., & Winters, R. (2012, June). *Early developmental and social-emotional screening: Problem rates for vulnerable, child welfare-involved families*. Poster presentation at Head Start's 11<sup>th</sup> National Research Conference. Washington, DC.

**Cahalane, H.** & Winter, L. (2012, May). *Staying power in child welfare: The impact of IV-E education*. Presentation at the National IV-E Roundtable. Galveston, TX.

Leung, P., **Cahalane, H.**, & Kollar, S. A. (2012, May). *On developing a multi-state Title IV-E evaluation data base: A report from the National University Title IV-E Evaluation Taskforce*. Presentation at the 2012 Title IV-E Roundtable. Galveston, TX.

Fusco, R., & **Cahalane H.** (2012, January). *Young children in child welfare: Developmental screening results and caregiver experiences*. Paper presentation at the 16<sup>th</sup> Annual Conference of the Society for Social Work and Research. Washington, DC.

**Cahalane, H.**, McCarthy, M., & Jones Kelley, K. (2011, October). *Linking organizational effectiveness and continuous quality improvement practices to improve outcomes for children, youth and families*. Presentation at the 2011 National Staff Development and Training Association Annual Meeting. Madison, WI.

**Cahalane, H.** & Fusco, R. (2011, October). *Mobile technology in caseworker visitation practices: Professionalism, job satisfaction and family engagement*. Presentation at the 57<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Atlanta, GA.

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Fusco, R. & **Cahalane, H.** (2011, October). *Developmental Screening in child welfare: Implications for young children in rural settings*. Presentation at the 57<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Atlanta, GA.

**Cahalane, H.** & Fusco, R. (August, 2011). *Mobile technology in caseworker visitation practices: Professionalism, job satisfaction and family engagement*. Poster presentation at the 2<sup>nd</sup> Annual National Child Welfare Evaluation Summit. Washington, DC.

Fusco, R. & **Cahalane, H.** (August, 2011). *Developmental Screening in child welfare: Implications for young children*. Poster presentation at the 2<sup>nd</sup> Annual National Child Welfare Evaluation Summit. Washington, DC.

Rauktis, M.E. & **Cahalane, H.** (2011, January). *Innovation in child welfare: Factors that influence the adoption and sustainability of family group decision making*. Presentation at the 15<sup>th</sup> Annual Conference of the Society for Social Work and Research. Tampa, FL.

McCrae, J.S., **Cahalane, H.**, & Fusco, R.A. (2011, January). *Directions for developmental screening in child welfare services based on the ages and stages questionnaires*. Presentation at the 15<sup>th</sup> Annual Conference of the Society for Social Work and Research. Tampa, FL.

**Cahalane, H.** (2010, October). *IV-E partnership in Pennsylvania: Outcome research and program evaluation*. Webinar presentation for the National Child Welfare Workforce Institute.

**Cahalane, H.** & Newhill, C. (2010, October). *Enhancing social work curricula on psychopharmacology: An instructional workbook developed by students*. Presentation at the 56<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Portland, OR.

**Cahalane, H.** & Swain K. (2010, August). *Where we came from: Where we're going*. Presentation at the 2010 National Staff Development and Training Association Annual Meeting. Boston, MA.

Jones Kelley, K. & **Cahalane, H.** (2010, August). *Building organizational effectiveness capacity in training systems*. Presentation at the 2010 National Staff Development and Training Association Annual Meeting. Boston, MA.

**Cahalane, H.** (2010, June). *Results of the Phase I implementation study of developmental screening in Pennsylvania child welfare services*. Presentation at the quarterly meeting of the Pennsylvania Children and Youth Administrators. Gettysburg, PA.

McCrae, J., Rauktis, M.E. & **Cahalane, H.** (2010, June). *Beyond the mandate: What influences county decisions to implement best practice developmental screening in child welfare?* Poster presentation at the Head Start 11<sup>th</sup> National Research Conference. Washington, DC.



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McCrae, J. & **Cahalane, H.** (2010, May). *Is this research mandated? Response and non-response bias in child welfare training evaluation and research.* Presentation at the 13<sup>th</sup> Annual National Human Services Training Evaluation Symposium. Berkeley, CA.

McCrae, J., Rauktis, M.E. & **Cahalane, H.** (2010, March). *Beyond the mandate: What influences county decisions to implement best practice developmental screening in child welfare?* Poster presentation at the 23<sup>rd</sup> Annual Children's Mental Health Research and Policy Conference. Tampa, FL.

Keresty, M., Rauktis, M.E. & **Cahalane, H.** (2010, June). *Fidelity to Family Group Decision Making in Pennsylvania: Do practices mirror principles?* Presentation at the annual Conference on Family Group Decision Making and Other Family Engagement Approaches, American Humane Association. Pittsburgh, PA.

Rauktis, M.E., **Cahalane, H.** & McCrae, J. (2008, November). *Fidelity to Family Group Decision Making in Pennsylvania: Do practices mirror principles?* Presentation at the 54<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Philadelphia, PA.

**Cahalane, H.** (2006, June). *Race and permanence.* Presentation at the Race and Child Welfare Summer Institute, Center on Race and Social Problems, University of Pittsburgh School of Social Work. Pittsburgh, PA.

**Cahalane, H.** (2005, June). *The dynamics of returning to the agency.* Presentation at the First Annual Child Welfare Education for Leadership conference. Mechanicsburg, PA.

**Cahalane, H.** & Newhill, C.E. (2005, February). *Client perceptions of medication treatment: A psychopharmacology video for social workers.* Poster presentation at the 51<sup>st</sup> Annual Program Meeting of the Council on Social Work Education. New York, NY.

**Cahalane, H.** (2004, June). The retention of Title IV-E educated social workers in Pennsylvania. Presentation to the Pennsylvania Children and Youth Administrators. Gettysburg, PA.

**Cahalane, H.** & Sites, E.W. (2004, February). Is it hot or cold? The climate of public child welfare employee retention. Presentation at the 50<sup>th</sup> Annual Program Meeting of the Council on Social Work Education. Anaheim, CA.

Newhill, C.E. & **Cahalane, H.** (November, 2003). Client perceptions of medication treatment: An informational video for social workers. Presentation at the Third Annual Teaching Excellence Fair, University of Pittsburgh. Pittsburgh, PA.

**Cahalane, H.** (2003 June). *Recruitment, retention, and turnover: Contributing factors and some ways to address them.* Presentation at the First Annual Child Welfare System Training

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Conference. Harrisburg, PA.

**Cahalane, H.** (2003, April). *Best practices in the treatment of children with serious mental illness.* Presentation at the Annual Conference of the Alliance for the Mentally Ill of Southwestern Pennsylvania. Pittsburgh, PA.

**Cahalane, H. & Anderson, C.M.** (2002, January). *Developing engagement and treatment adaptation strategies for low-income and minority mothers using quantitative and qualitative methods.* Presentation at the Sixth Annual Conference of the Society for Social Work and Research. San Diego, CA.

**Cahalane, H.** (1998, January). *Relationship between family satisfaction and outcome for children and adolescents in inpatient psychiatric treatment.* Presentation at the Second Annual Conference of the Society for Social Work and Research. Charleston, SC.

### **TESTIMONIES AND HEARINGS**

**Cahalane, H.** (2016, June 28). *Child Welfare Professional Education and Training.* Testimony presented at the congressional briefing, Let's Improve the Child Welfare Outcomes: The Workforce Matters. Sponsored by the Child Welfare League of America and the National Association of Social Workers in collaboration with the Senate Foster Youth Caucus and the Congressional Social Work Caucus.

**Cahalane, H.** (2016, May 16). *Child Welfare Professional Education and Training.* Testimony presented before the Pennsylvania House Children and Youth Committee.

### **TEACHING:**

University of Pittsburgh, School of Social Work, Master of Social Work Program (1997-present)  
Courses Developed and Taught:

Direct Practice with Children and Families (1997-2017)  
Residential Treatment (1997)  
Children and Families at Risk (1998-2005)  
Introduction to Psychopharmacology and Social Work Practice (2001-2017)  
Family Group Decision Making/Teaming and Conferencing (2008-present)

University of Pittsburgh, School of Social Work, Bachelor of Social Work Program (1995- 1997)  
Courses Developed and Taught:

Human Behavior in the Social Environment (1995-1997)

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Temple University, School of Social Administration (1999-2002)

Courses Developed and Taught:

Direct Practice with Children

University of Pittsburgh, Department of Medicine (1995-2000)

Pennsylvania Governor's School for Health Care

Courses Developed and Taught:

Psychosocial Aspects of Health

**THESIS, ESSAY AND DISSERTATION COMMITTEES**

**Committee Member:**

Dora Plummer Magovern, Child Disclosure of Sexual Abuse and Maternal Belief: A Call for Reevaluation of Family Support. University of Pittsburgh, Graduate School of Public Health. MPH 2011

Cathy Breneman, Evaluation of Implementation of Case Management Mentor Certificate Program. University of Pittsburgh, School of Social Work. Ph.D. 2010

Lisa M. Greco, Addressing Childhood Obesity Through School-Based Prevention Programs. University of Pittsburgh, Graduate School of Public Health. MPH 2008

**EDITORIAL BOARDS:**

Children and Youth Services Review (2011 – present)

Journal of Public Child Welfare (2011 – present)

**SELECT PROFESSIONAL AFFILIATIONS:**

Academy of Certified Social Workers (1982)

American Public Human Services Association (2010 - present)

Board Certified Diplomate in Clinical Social Work (1987)

Council on Social Work Education (1998 - present)

National Association of Social Workers (1977 - present)

Society for Social Work and Research (1994 - present)

**LICENSES AND CREDENTIALS:**

LCSW, Licensed Clinical Social Worker, State of Pennsylvania

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ACSW, Academy of Certified Social Workers, National Association of Social Workers  
BCD, Board Certified Diplomate in Clinical Social Work, American Board of Examiners in  
Clinical Social Work  
Expert Witness, Pennsylvania Bureau of Professional and Occupational Affairs

### **COMMUNITY SERVICE**

Allegheny County Children, Youth and Family Services Advisory Board (2006 – present)  
Allegheny County Department of Human Services Block Grant Advisory Board (2013 – present)  
Chatham College, Social Work Program (1999 - 2018)  
Circle C Youth and Family Services (2003 - 2017)  
Craig House-Technoma (1999 - 2001)  
Pennsylvania CASSP Training and Technical Assistance Institute (1998 - 2007)  
Pennsylvania Partnerships for Children (2008 – present)  
Pennsylvania Child Welfare Council (2016 – present)

### **CLINICAL AND ADMINISTRATIVE EXPERIENCE:**

Clinical Educator. Office of Educational and Regional Programming, 7/95 - 1/97  
University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinic

Provided continuing education, staff development, and consultation to community-based public mental health programs and the four state hospitals in the western region of Pennsylvania. Provided technical assistance to county MH/MR programs and state hospitals, linkage with rural service providers, and assisted the PA Office of Mental Health (OMH) with activities related to educational programming, mental health planning, and policy analysis. Promoted the interest of students in the health-related professions in rural mental health practice and community psychiatry.

Director. University of Pittsburgh Medical Center, Office of Family Studies 1/92 - 6/95  
and Social Work, Western Psychiatric Institute and Clinic.

Provided leadership, education and supervision to inpatient and outpatient social workers regarding clinical, research, and teaching functions. Responsible for the development and implementation of family programming, psychosocial services, and social work policies. Developed research on family issues and provided instruction and supervision regarding family assessment and treatment through the Office of Residency Training. Responsible for continuous quality improvement and the development of clinical pathways for psychosocial interventions. Monitored professional social work continuing education and state licensure requirements. Assumed primary responsibility for social work recruitment and competency assessment. Coordinated baccalaureate and masters social work training programs.

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Director. Family Therapy Institute of Pittsburgh, University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinic. 1/92-1/97

Provided leadership in a non-profit organization devoted to family therapy training, education, and practice in the tri-state area. Promoted family therapy throughout organizations at the local, regional and state level. Coordinated national conferences, local workshops and newsletter.

Assistant Director. Office of Family Studies and Social Work, University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinic. 11/89-1/92

Assisted in the planning, development, and supervision of social work and family services throughout the Institute. Worked closely with hospital administration and the staff/faculty of all units, programs and modules regarding the development and implementation of clinical programs. Assisted in the implementation and evaluation of policies, developed and facilitated family research related to service satisfaction, and conducted recruitment for the social work department. Coordinated MSW internship program and social work continuous quality improvement initiatives. Assisted in the supervision of social work and family services throughout the hospital. Provided in-service training to staff of various disciplines, and implemented family assessment measures.

Chief Social Worker. Child and Adolescent Affective Treatment Service, University of Pittsburgh Medical Center Western Psychiatric Institute and Clinic. 1/88-11/89

Assumed a primary leadership role in an inpatient service designed for the evaluation, treatment, and study of patients aged 6-18 with a diagnosis or probable diagnosis of an affective disorder. Assumed a central role in the planning, development, and evaluation of family, individual and group services. Provided individual, group, and family treatment, external liaison, coordination of aftercare, and development of unit programming. Conducted assessments with parents utilizing the SADS-L structured clinical interview. Received additional training in psychiatric assessment and developed expertise in affective disorders and child/adolescent suicide.

Psychiatric Social Worker. Craig House-Technoma. 1/80 - 1/88

Worked as part of an interdisciplinary team in a partial hospital and school program for emotionally disturbed children and adolescents. Responsibilities included ongoing family and marital therapy, group milieu therapy, and individual therapy with adolescents. Specialization in eating disorders. Facilitated parent groups with a psychoeducational and support focus, as well as women's psychotherapy groups. Substantial experience

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working with the juvenile justice, child welfare, and educational systems in various counties throughout Western Pennsylvania.

Aftercare Therapist (part-time). Allegheny East Mental Health/Mental Retardation Center 7/79 - 12/79

Co-facilitated therapeutic activity groups with seriously and persistently mentally ill adults. Participated in program development, organization, and partial hospital program development.

Clinical Social Work Intern. Allegheny East Mental Health/Mental Retardation Center. 9/78 - 7/79

MSW internship. Provided assessment and treatment to children and adults utilizing play, individual, group, and family treatment modalities. Co-facilitated psychotherapy and therapeutic activity groups for adults with chronic and persistent mental illness.

Social Worker. Evans Home for Children, Winchester, VA. Summer 1978

Shared supervisory and treatment responsibility for ten residents ranging in age from eight to seventeen in a group home for abused, neglected, and dependent children

Social Work Intern. Northwestern Community MH/MR Center, Winchester, VA. 9/77 - 6/78

Undergraduate internship. Provided treatment and social service to individuals and families as part of an interdisciplinary team in a community-based mental health setting.

**OTHER RELEVANT EXPERIENCE:**

Co-Chair, UPMC Child Abuse Committee.  
Statewide Trainer, PA CASSP Training and Technical Assistance Institute  
Program Reviewer, United Way of Allegheny County  
Program Director, WPIC Child and Adolescent Psychiatry Adult Liaison Service  
Program Director, WPIC Independent Precertification and Family Welcome Center Programs  
Clinical Administrator, WPIC Office of Student and Volunteer Services  
Adjunct Senior Staff Member, WPIC Family Therapy Training Center  
Review Team Member, Allegheny County Children and Youth Services Foster Care Task Force  
Co-Chair, WPIC Strategic Planning - Clinical Services Subcommittee  
Team Consultant, Child and Adolescent Therapy Subcommittee, American Board of Examiners

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in Clinical Social Work  
Committee Member, Alliance for the Mentally Ill of Southwest PA, Children's Subcommittee

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